

Sports Counselling and Athlete Welfare

Key transferable skills

You will obtain skills in this degree that are transferable across many career options.



COMMUNICATION



TEAMWORK



ACTIVE LISTENING



PROBLEM SOLVING



WELLBEING DEVELOPMENT



RESEARCH AND
EVALUATION

Sports Counselling and Athlete Welfare responds to industry-driven demand for targeted development of wellbeing in individuals, communities and within sport. It provides an exciting pathway for a career in the field of sport and in the emerging and wide-ranging field of general wellbeing.

Career pathways

Graduates will be well placed to find employment in a range of roles directly or after further study. Common roles include:

- Case manager
- Athlete wellbeing and welfare manager
- Personal excellence advisors
- Health and wellbeing coordinator
- Management roles with sporting organisations
- Wellbeing and activity worker
- Wellbeing and inclusion advisor
- Health and wellbeing specialist
- Community/professional sport leader
- Sports event/venue management
- Player development manager
- Player wellbeing manager

Discipline specific/technical skills

Technical skills that you will develop as part of your course:

- Counselling skills
- Performance facilitation skills
- Positive psychology skills
- Behaviour change skills
- Analysis of personal situations
- Communication strategies
- Wellbeing development

Major employers

Potential organisations for graduates to find employment include:

- Elite sporting teams
- Community based sporting teams
- The Australian Institute of Sport
- The Victorian Institute of Sport
- Aspire
- Life Education Victoria
- Hays human resources
- Community Connections Australia
- La Trobe University
- Swinburne University of Technology
- FBG group
- Health at Work

Source: LinkedIn Live Alumni, Burning Glass Technologies

Boost your employability



BROADEN YOUR SKILLS



CONNECT WITH INDUSTRY



MANAGE YOUR CAREER



GAIN EXPERIENCE